

# Cover Sheet: Request 14882

DAA 2XXX – Somatics 2

## Info

Process	Course New Ugrad/Pro
Status	Pending at PV - University Curriculum Committee (UCC)
Submitter	Augusto Soledade asoledade@ufl.edu
Created	4/11/2020 12:06:46 PM
Updated	12/18/2020 12:54:08 PM
Description of request	This is a request to create a new course titled Somatics 2.

## Actions

Step	Status	Group	User	Comment	Updated
Department	Approved	CFA - Theatre and Dance 13040000	Peter Carpenter		11/17/2020
No document changes					
College	Approved	CFA - College of Fine Arts	Jennifer Setlow		12/18/2020
No document changes					
University Curriculum Committee	Pending	PV - University Curriculum Committee (UCC)			12/18/2020
No document changes					
Statewide Course Numbering System					
No document changes					
Office of the Registrar					
No document changes					
Student Academic Support System					
No document changes					
Catalog					
No document changes					
College Notified					
No document changes					

# Course|New for request 14882

## Info

**Request:** DAA 2XXX – Somatics 2

**Description of request:** This is a request to create a new course titled Somatics 2.

**Submitter:** Augusto Soledade asoledade@ufl.edu

**Created:** 2/9/2021 6:39:59 PM

**Form version:** 4

## Responses

### Recommended Prefix

*Enter the three letter code indicating placement of course within the discipline (e.g., POS, ATR, ENC). Note that for new course proposals, the State Common Numbering System (SCNS) may assign a different prefix.*

Response:

DAA

### Course Level

*Select the one digit code preceding the course number that indicates the course level at which the course is taught (e.g., 1=freshman, 2=sophomore, etc.).*

Response:

2

### Course Number

*Enter the three digit code indicating the specific content of the course based on the SCNS taxonomy and course equivalency profiles. For new course requests, this may be XXX until SCNS assigns an appropriate number.*

Response:

XXX

### Category of Instruction

*Indicate whether the course is introductory, intermediate or advanced. Introductory courses are those that require no prerequisites and are general in nature. Intermediate courses require some prior preparation in a related area. Advanced courses require specific competencies or knowledge relevant to the topic prior to enrollment.*

Response:

Introductory

- 1000 level = Introductory undergraduate
- 2000 level = Introductory undergraduate
- 3000 level = Intermediate undergraduate
- 4000 level = Advanced undergraduate
- 5000 level = Introductory graduate
- 6000 level = Intermediate graduate
- 7000 level = Advanced graduate
- 4000/5000= Joint undergraduate/graduate
- 4000/6000= Joint undergraduate/graduate

*\*Joint undergraduate/graduate courses must be approved by the UCC and the Graduate Council)*

**Lab Code**

Enter the lab code to indicate whether the course is lecture only (None), lab only (L), or a combined lecture and lab (C).

Response:  
None

**Course Title**

Enter the title of the course as it should appear in the Academic Catalog. There is a 100 character limit for course titles.&nbsp;

Response:  
Somatics 2

**Transcript Title**

Enter the title that will appear in the transcript and the schedule of courses. Note that this must be limited to 30 characters (including spaces and punctuation).

Response:  
Somatics 2

**Degree Type**

Select the type of degree program for which this course is intended.

Response:  
Baccalaureate

**Delivery Method(s)**

Indicate all platforms through which the course is currently planned to be delivered.

Response:  
On-Campus

**Co-Listing**

Will this course be jointly taught to undergraduate, graduate, and/or professional students?

Response:  
No

**Effective Term**

Select the requested term that the course will first be offered. Selecting "Earliest" will allow the course to be active in the earliest term after SCNS approval. If a specific term and year are selected, this should reflect the department's best projection. Courses cannot be implemented retroactively, and therefore the actual effective term cannot be prior to SCNS approval, which must be obtained prior to the first day of classes for the effective term. SCNS approval typically requires 2 to 6 weeks after approval of the course at UF.

Response:  
Earliest Available

**Effective Year**

Select the requested year that the course will first be offered. See preceding item for further information.

Response:  
Earliest Available

**Rotating Topic?**

Select "Yes" if the course can have rotating (varying) topics. These course titles can vary by topic in the Schedule of Courses.

Response:  
Yes

**Repeatable Credit?**

Select "Yes" if the course may be repeated for credit. If the course will also have rotating topics, be sure to indicate this in the question above.

Response:  
Yes

**If repeatable, # total repeatable credit allowed**

Indicate the maximum number of total repeatable credits allowed per student.

Response:  
4

**Amount of Credit**

Select the number of credits awarded to the student upon successful completion, or select "Variable" if the course will be offered with variable credit and then indicate the minimum and maximum credits per section. Note that credit hours are regulated by Rule 6A-10.033, FAC. If you select "Variable" for the amount of credit, additional fields will appear in which to indicate the minimum and maximum number of total credits.

Response:  
2

**S/U Only?**

Select "Yes" if all students should be graded as S/U in the course. Note that each course must be entered into the UF curriculum inventory as either letter-graded or S/U. A course may not have both options. However, letter-graded courses allow students to take the course S/U with instructor permission.

Response:  
No

### Contact Type

Select the best option to describe course contact type. This selection determines whether base hours or headcount hours will be used to determine the total contact hours per credit hour. Note that the headcount hour options are for courses that involve contact between the student and the professor on an individual basis.

Response:

Regularly Scheduled

- Regularly Scheduled [base hr]
- Thesis/Dissertation Supervision [1.0 headcount hr]
- Directed Individual Studies [0.5 headcount hr]
- Supervision of Student Interns [0.8 headcount hr]
- Supervision of Teaching/Research [0.5 headcount hr]
- Supervision of Cooperative Education [0.8 headcount hr]

Contact the Office of Institutional Planning and Research (352-392-0456) with questions regarding contact type.

### Weekly Contact Hours

Indicate the number of hours instructors will have contact with students each week on average throughout the duration of the course.

Response:

4

### Course Description

Provide a brief narrative description of the course content. This description will be published in the Academic Catalog and is limited to 500 characters or less. See course description guidelines.

Response:

A rotating topics movement practice course that focuses on somatic approaches to dance.

### Prerequisites

Indicate all requirements that must be satisfied prior to enrollment in the course. Prerequisites will be automatically checked for each student attempting to register for the course. The prerequisite will be published in the Academic Catalog and must be formulated so that it can be enforced in the registration system. Please note that upper division courses (i.e., intermediate or advanced level of instruction) must have proper prerequisites to target the appropriate audience for the course.

Courses level 3000 and above must have a prerequisite.

Response:

Dance majors or minors

Completing Prerequisites on UCC forms:

- Use "&" and "or" to conjoin multiple requirements; do not use commas, semicolons, etc.
- Use parentheses to specify groupings in multiple requirements.
- Specifying a course prerequisite (without specifying a grade) assumes the required passing grade is D-. In order to specify a different grade, include the grade in parentheses immediately after the course number. For example, "MAC 2311(B)" indicates that students are required to obtain a grade of B in Calculus I. MAC2311 by itself would only require a grade of D-.
- Specify all majors or minors included (if all majors in a college are acceptable the college code is sufficient).
- "Permission of department" is always an option so it should not be included in any prerequisite or co-requisite.

Example: A grade of C in HSC 3502, passing grades in HSC 3057 or HSC 4558, and major/minor in PHHP should be written as follows:

HSC 3502(C) & (HSC 3057 or HSC 4558) & (HP college or (HS or CMS or DSC or HP or RS minor)

### **Co-requisites**

*Indicate all requirements that must be taken concurrently with the course. Co-requisites are not checked by the registration system. If there are none please enter N/A.*

Response:  
None

### **Rationale and Placement in Curriculum**

*Explain the rationale for offering the course and its place in the curriculum.*

Response:

The proposed changes to the BFA in Dance Curriculum aim to expand the educational experience in four specific areas of study: Movement Practices, Choreography, Theory and Production. In movement practices the new curriculum will offer additional courses in Contemporary African and African Diasporic Dance and Somatics; in Choreography, new courses in Improvisation and Dance and Digital Media will be added, and Global Dance Perspectives, Music for Dance, Dance Kinesiology and First Year Seminar will enhance the theoretical scope; creating the option for students to take one course in either Lighting, Costuming, or Sound Design will offer an opportunity for students to select the production area of their interest.

The proposed modification to the BFA dance major reflects current culture in the field to decolonize curriculum, to offer flexibility in areas of study to match students' interest and opportunity to focus on student outcome thus meeting the industry where it is now. In addition, proposed changes to the curriculum will align with current investigations of changing values in understanding technical proficiency in dance and artistry.

### **Course Objectives**

*Describe the core knowledge and skills that student should derive from the course. The objectives should be both observable and measurable.*

Response:

- 1- Promote kinesthetic and mental awareness
- 2- Experience different approaches to body-centering.
- 3 - Gain an understanding of movement principals
- 4 - Improve strength, endurance, flexibility, balance and mobility.
- 5 - Learn how to design a personal practice.
- 6- Learn basic anatomical terms and their functions that will also relate to dance technique and quality of life.

### **Course Textbook(s) and/or Other Assigned Reading**

*Enter the title, author(s) and publication date of textbooks and/or readings that will be assigned. &nbsp;Please provide specific examples&nbsp;to evaluate the course.*

Response:

\*Readings will be used as an element of contextualization of the physical experiences generated through class.

Reading 1: <https://www.pilatesfoundation.com/pilates/the-history-of-pilates/>

Reading 2: <http://www.everybodypilates.info/blog/understanding-different-pilates-styles/>

## **Weekly Schedule of Topics**

*Provide a projected weekly schedule of topics. This should have sufficient detail to evaluate how the course would meet current curricular needs and the extent to which it overlaps with existing courses at UF.*

Response:

(As a rotating topic course, the following weekly planner reflects an experience in Pilates)

Week One

- Introduction
- Basic Principles of Pilates

Week Two

- Postural Analysis

Week Three

- Postural Analysis Continued

Week Four

- Pilates Essential Mat work

Week Five

- Pilates Warm Up Assignment

Week Six

- Pilates Mat with Props (Theraband)

Week Seven

- Pilates Mat with Props (Theraband)

Week Eight

- Pilates 30 Minute Mat Assignment

Week Nine

- Intermediate Pilates Mat

Week Ten

- Intermediate Pilates Mat with Fascia Release

Week Eleven

- Ankle Tubing Pilates

Week Twelve

- Pilates on the Bosu

Week Thirteen

- Mini Ball Pilates

Week Fourteen

- Athletic Pilates Workout

Week Fifteen

- Pilates 50 Minute Final Assignment

Week Sixteen

Finals Week

No regular class.

### **Grading Scheme**

List the types of assessments, assignments and other activities that will be used to determine the course grade, and the percentage contribution from each. This list should have sufficient detail to evaluate the course rigor and grade integrity. Include details about the grading rubric and percentage breakdowns for determining grades. If participation and/or attendance are part of the students grade, please provide a rubric or details regarding how those items will be assessed.

Response:

Plan a 50 minute mat class (students will be assessed on their knowledge of class material = specific Pilates exercises learned in class) 15%  
Teach a half hour mat class (students will be assessed on their knowledge of class material = specific Pilates exercises learned in class) 15%  
Teach your partner a warm-up (students will be assessed on their knowledge of class material = specific Pilates exercises learned in class) 10%  
Alignment evaluation (students will be assessed on their understanding of their own alignments) 10%  
Participation = active engagement in learning class material , active engagement in class discussions, active physical engagement with the class material 50%  
  
TOTAL 100%

### **Instructor(s)**

Enter the name of the planned instructor or instructors, or "to be determined" if instructors are not yet identified.

Response:

Isa Garcia-Rose

### **Attendance & Make-up**

Please confirm that you have read and understand the University of Florida Attendance policy.

A required statement related to class attendance, make-up exams and other work will be included in the syllabus and adhered to in the course. Courses may not have any policies which conflict with the University of Florida policy. The following statement may be used directly in the syllabus.

• Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

Response:

Yes

### **Accommodations**

Please confirm that you have read and understand the University of Florida Accommodations policy.

A statement related to accommodations for students with disabilities will be included in the syllabus and adhered to in the course. The following statement may be used directly in the syllabus:

• Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, [www.dso.ufl.edu/drc/](http://www.dso.ufl.edu/drc/)) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation.



Students with disabilities should follow this procedure as early as possible in the semester.

Response:

Yes

### **UF Grading Policies for assigning Grade Points**

Please confirm that you have read and understand the University of Florida Grading policies. Information on current UF grading policies for assigning grade points is require to be included in the course syllabus. The following link may be used directly in the syllabus:

- <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

Response:

Yes

### **Course Evaluation Policy**

*Course Evaluation Policy*

Please confirm that you have read and understand the University of Florida Course Evaluation Policy. A statement related to course evaluations will be included in the syllabus. The following statement may be used directly in the syllabus:

• Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/public-results/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

&nbsp;

Response:

Yes